

THE SEVEN HUNA PRINCIPALS & CORRESPONDENCES

PRINCIPAL	MEANING	POWER ANIMAL	COLOR	CHAKRA
IKE (ee-kay)	THE WORLD IS WHAT YOU THINK IT IS. We have the ability to change our experience in our world.	DOLPHIN “Awareness”	WHITE	CROWN “Awareness, Self-Knowledge, Wisdom”
KALA (kah-lah)	THERE ARE NO LIMITS. Anything is possible, we are all connected. We influence the universe, the universe influences us.	BIRD “Freedom”	RED	ROOT “Grounding, foundation”
MAKIA (mah-kee-ah)	ENERGY FLOWS WHERE ATTENTION GOES If we keep focusing our attention, we attract the energy of that attention.	CAT “Focus”	ORANGE	SACRAL “Self-gratification, emotions, desire”
MANAWA (mah-nah-wah)	NOW IS THE MOMENT OF POWER All power exists in the present moment. Nothing in the past or future has the power to affect you. Here is where the power is. From here is where we change things: plant seeds for the future, & harvest crops from the past.	OX “Persistence”	YELLOW	SOLAR PLEXUS “Self-definition, strength of will, purpose”
ALOHA (ah-lo-ha)	TO LOVE IS TO BE HAPPY WITH Love is the source of power & the healing process, to all people, animals & things. To increase goodness & happiness in your life, complement (bless) the things around you.	HORSE “Love”	GREEN	HEART “Self-acceptance, compassion”
MANA (mah-nah)	ALL POWER COMES FROM WITHIN Recognition that we all come from spirit: the origin of power. All of our power comes from within us because we are all part of spirit.	BEAR “Confidence”	BLUE	THROAT “Self-expression, clear communication, resonance (with self)”
PONO (po-no)	EFFECTIVENESS IS THE MEASURE OF TRUTH There’s always another way to do something. All systems (philosophies) are made up. Use what works for you, leave the rest.	WOLF “Wisdom”	PURPLE	BROW/THIRD EYE “Psychic perception, clear seeing, self-reflection”

Compiled from

- * HunaTrainer.com podcast
- * Serge King’s “The Urban Shaman Video Companion”